

Coffee available from 7:30, Lunch from 12-14:30, and alcohol from 12 noon

FREDDIE'S

BAR AND KITCHEN

	Monday	Tuesday	Wednesday	Thursday	Friday
	08-May	Vegetarian	10-May	11-May	12-May
Soup of the Day	Tomato & Basil	Sweet Potato & Coconut	Leek & Potato	Red Lentil & Coriander	Mixed Vegetable
£2.10/£2.92					
International	Lamb Kofta with Tzatziki	Chipotle Chicken with Adobo sauce	Beef Bourguignon	Lamb Roganjosh	Battered Fish & Chips
£4.85/£6.92	GF,DF	GF,DF	GF,DF	GF,DF	DF
	Pork Escalopes in Wild Mushroom Sauce	Vegetable Enchiladas	Catch of the day	Chilli & Cardamom Chicken	Turkey in Creamy Pepper Sauce
£4.85/£6.92	GF			GF	GF
Vegetarian	Broccoli & Cheese Quiche	Mexican Bean Chili	Mozzarella & Sundried Tomato Arancini	Chick Pea Masala	Mushroom Pot Pie
£4.36/£5.55		Vegan		Vegan	
Wrap of the Day	Jacket Potato with fillings	Chicken Caesar Wrap	Jacket Potato with fillings	Humous, feta, rocket and pesto	Jacket Potato with fillings
£3.19/£4.56					
Vegetables	Steamed Green beans	Corn Bake	Roasted Carrots	Mixed Vegetable Poriyal	Garden Peas
£1.08/£1.74					
Side dish	Paprika wedges	Achiote Rice	French Fries	Steamed Rice/Naan	Chunky Chips
£1.26/£1.83					