

Weekly Lunch Menu

Freddie's Bar & Kitchen

12noon – 2.30pm

01 Mar 21 – 07 Mar 21

MAIN COURSES

SIDE DISHES

Monday

Roasted Tomato & Basil Soup (V)

Chicken Souvlaki
Paneer Tikka Skewers (V)

Harissa Potatoes
Spiced Cauliflower

Tuesday

Roasted Courgette Soup (V)

Szechwan Chilli Fish
Vegan Meat Balls in Soya
and Garlic Sauce (VG)

Fried Rice
Stir Fried Vegetables

Wednesday

Tamarind & Lentil Soup (V)

Malaysian Beef Rendang
Thai Vegetable Curry (V)

Steamed Rice
Thai Spiced Cabbage

Thursday

Soup of the Day (V)

Chicken Chasseur with
Mushrooms & Pearl Onions
Cheese & Onion Quiche (V)

Roasted New Potatoes
Steamed Broccoli

Friday

Mixed Vegetable Soup (V)

Batter Fried Fish, Tartare Sauce
Belgian Vegetable Croquette (V)

Chunky Chips
Garden Peas

Saturday & Sunday

Chef's Choice

All meals
served with a
Fresh Salad Pot

(V) Vegetarian
(VG) Vegan

Allergies & Intolerances

If you have an allergy or intolerance please speak to a member of our team prior to choosing your meal. Our trained staff would love to tell you what is in our food, the steps we take to avoid cross-contamination and help assist you with your choice.