



# SAMPLE DINNER MENU

## D A Y 1

**Soup**

Winter Vegetable Soup (vg)

**Far East Asia Curry Night**

Malay Chicken Curry

Satay-Style Fish Curry

Thai Vegetable Curry (vg)

served with

Steam Rice, Pak Choi & Chinese Leaf, Roasted Carrots

**Dessert**

Rhubarb and Cranberry Sponge with Ice Cream

## D A Y 2

**Soup**

Caribbean Hot Spiced Corn Soup (vg)

**Afro-Caribbean Night**

South African Beef Curry

Calypso Chicken

Jerk Tofu & Cauliflower with Scotch Bonnet Gravy (v)

served with

Jollof Rice, Chakalaka Greens, Yam Mash

**Dessert**

Malva Pudding

## D A Y 3

**Soup**

Roasted Pepper Soup (vg)

**Mains**

Battered Fish

Firecracker Chicken

Spicy Bean & Tomato Salsa Wholemeal Fajitas (vg)

served with

Lightly Spiced Chips, Garden Peas, Mushy Peas, Yoghurt Tartar Sauce

**Dessert**

Chocolate Mousse, Salted Carmel & Brownie Crumb

**Main Course with two sides**

£6.50 or 2 Tokens\* (£5.94)

**Soup**

£2.65

**Dessert**

£2.15

Above illustrates current prices. They are subject to increase, effective 1st of September 2024.

\*Meal Token Plan: Members can buy min of 20 Tokens at any one time. Meal Tokens offer approximately 10% discount against Member' prices.